

Team290



Contents

- What is **team290**
- How does it work?
Case Management by **team290**



Tasks and objectives **Team290**

- **Diagnostics**
 - Early medical diagnosis (of dementia and related problems)
 - Care diagnostics (???? Wat is hier de intentie)
- **Guidance, treatment, and support by Case Management**
- **Objectives:**
 - Prevent overload of carers (family, spouse, children etc.)
 - Retain an optimal quality of life for both patient and carer



Composition **Team290**

- **Team co-ordinator**
- **Case managers**
 - Nurse, specialised in community psychiatry (SPV)
 - Nurse + Social Worker
- **Physician**
 - Geriatrician and/or psychiatrist
- **Psychologist**
- **Team support and administration**



Intake by **team290**

- Registration by GP/specialist
 - Medical status
 - Blood tests, was the NHG-protocol applied?
 - Assign case manager and physician
 - Urgency indication
 - Home visit within 2 weeks
- Or by
 - Nursing home, CIZ, home care organisation, MJD, family, friends etc.



Intake **Team290** (cont'd)

- Intake by the case manager
 - Anamnesis/hetero anamnesis
 - Identify burden to carer
 - Physical condition and medication
 - Preliminary medical diagnosis
 - Identify required care (care diagnosis)
 - Way forward (medical examinations, treatment and support plan etc)
- Intake by geriatrician
 - Medical anamnesis
 - Physical examination (to exclude physical causes)
 - Psycho geriatric examination
 - Medication
 - File review
 - Likely medical diagnosis



Intake **team290** (cont'd)

- **Neuropsychological assessment by psychologist**
- Assessment of cognitive abilities
 - Type and severity of the dementia
 - Advice to carer
 - How to manage behaviour
 - What is still possible?
 - Subsequent assessments
 - Adjustments to living environment needed? (day care, nursing home etc.)

- * Neuropsychologisch onderzoek



Intake **Team290** (cont'd)

- Diagnosis review (multidisciplinary team)
 - Agree on diagnosis
 - Classification according to DSM IV
 - Define treatment plan
 - Progress/evaluation meetings schedule
- Feed back session
 - Diagnosis and treatment plan explained to patient/client and family/carer
- Medical report
 - Written report to GP and/or specialist



Implementation **team290**

- Case manager (tasks and responsibilities)
 - Implement treatment plan and control progress
 - Manage care requirements
 - Educate and advise carer
 - Active support and guidance
 - Mediation
 - Medication administration control
 - How to deal with behavioural changes
 - Crisis management



Other Services **team290**

- Outpatient clinic for medication
 - Physician
 - Psychologists
- Discussion groups
 - Patient/client
 - Carers
- Consultation
 - Nursery homes
 - Clinical lessons/Case studies (??)
 - Lectures to carers



Strengths **Team290**

- Co-ordination
 - Hospitals, CIZ, nursing homes, day care
- Broad competence and skills spectrum
 - Mental health care, nursing homes, home care
- Integrated approach: diagnostics, treatment, guidance and support
- Easy access
- Widely appreciated and supported



Thank you for your attention

Any Questions?

